

Sean Trayner

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I am a born thinker and creator, with a strong will to problem-solve; utilising data-analysis and human behaviour, in conjuncture, to improve the teams I lead. I like to build secure foundations, knowing that whatever I promise can, and will be delivered.

SKILLS

Operations Management
Diversity Advocacy & Training
Stakeholder Communications
Leadership
Staff Recruitment & Training
Data Analysis – SPSS & NVIVO

EXPERIENCE

Recruiting Partnering Project

Recruitment Manager and D&I Representative | October 2022 – Present, Milton Keynes

Recruitment Manager

- Managing the recruitment project for the British Army within Milton Keynes, Bedford, and Buckinghamshire
- Leading a small team of soldiers/recruiters
- Delivering projects for pipeline growth
- Developing, tracking, and delivering on KPIs
- Analysing recruitment data to improve outreach, business development and recruitment diversity
- Compiling weekly, monthly, and quarterly MI reports

D&I Representative

- Acted as a representative for diversity and inclusion (D&I) within the partnership and the British Army as a whole
- Communicated with colleagues and stakeholders as to the development and implementation of D&I policy
- Offered advice on issues relating to transgender rights, and neuropsychological related experiences
- Invited onto different company wide projects to help advise and implement different initiatives relating to D&I
- Implemented best practice, and improved policy to suit a more diverse pool of candidates, and offered resources and training to my local team

Match Performance

Junior Delivery Consultant | May 2022 to August 2022, Milton Keynes

- Operating within business development projects
- Advising on marketing opportunities
- Delivering on KPIs
- Understanding client needs and expectations
- Specialising in financial and technical recruitment, both permanent and contract-based, inside, and outside of IR35

EDUCATION

BSc (Honours) Psychology, Open University
Ongoing – Currently received a DipHE
On a pathway for a PhD

VOLUNTEERING

Islamic Arts, Heritage and Culture, Milton Keynes Council

I delivered speeches/monologues to a multicultural group of people on different topics such as, sex and sexuality, gender, suicide, and mental wellbeing.

St James Church, Inclusive Church

I helped provide advice and guidance during a lent course which focused on diversity and inclusion.

COURSEWORK

Occupational Diversity and Inclusion
Occupational Psychology
Evolutionary Psychology
Mental Health and Crime
Research Psychology

CURRENT PROJECTS

Fears and Phobias

An academic article reviewing our understanding of fears and phobias, how this affects our professional treatment of individuals and presenting a new theoretical foundation for the further development of research in the delivery of treatment models.

INTERESTS

Reading – Gardening –

Marks and Spencer

Sales Assistant | June 2021 to August 2021, Northampton

- Provided excellent customer service
- Remained flexible, adaptable, and focused on growth
- Multitasking and prioritisation
- Focused on punctuality and reliability

Acorn Childcare

Nursery Assistant | January 2020 to August 2020, Milton Keynes

- Demonstrated stamina and an ability to remain calm under pressure
- Provided personal flexibility within every aspect of the job
- Developed a wide skillset in communicating between different age groups

Academia – Writing – Horses –
Walking